



# $\gamma\delta$ T cells: a sparkling star for clinical immunotherapy

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## Abstract

Human  $\gamma\delta$  T cells are unconventional lymphocytes that function in innate and adaptive immune responses and immunosurveillance. These cells show potent cytotoxicity against tumor cells in a major histocompatibility complex unrestricted manner and have recently gained considerable attention as a sparkling star for clinical immunotherapy. Clinical immunotherapy trials with activated  $\gamma\delta$  T cells are tolerated well. However, clinical benefits are still unsatisfactory. Therefore, anti-tumor effects need to further increase the cytotoxicity of  $\gamma\delta$  T cells via several mechanisms, including the novel nitrogen-containing bisphosphonate products, adjuvant use with a bispecific antibody and chimeric antigen receptor, co-immunotherapy with  $\gamma\delta$  T cells plus immune checkpoint inhibitors, and adoptive immunotherapy with V $\delta$ 1 T cells and T cells engineered to express a defined  $\gamma\delta$  T cell receptor. Here, this article describes the crucial role of  $\gamma\delta$  T cells in anti-tumor immunity, concludes transduction strategies and summarizes the different development of novel approaches for clinical applications and cancer immunotherapy, which may be effective in overcoming current therapeutic limitations.

## Keywords

$\gamma\delta$  T cell, immunotherapy, adoptive cell therapy

## Introduction

Human  $\gamma\delta$  T cells are the unique T cell subset by expression of  $\gamma\delta$  heterodimeric T cell receptor (TCR) on the cell surface. These cells only account for 1–5% of T cells in peripheral blood (PB), lymphatic circulation, and mucosal tissues but undergo rapid expansion in response to pathogens, inflammation and tumor.  $\gamma\delta$  T cells share innate and adaptive immune cells [1]. Unlike conventional  $\alpha\beta$  T cells,  $\gamma\delta$  T cells are non-major histocompatibility complex (MHC)-restricted in different antigen recognition mechanisms. First,  $\gamma\delta$  T cells undergo somatic recombination and express rearranged *TCR* genes when maturing in the thymus as conventional  $\alpha\beta$  T cells. However,  $\gamma\delta$  T cells are activated independence of antigen processing and presentation

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by MHC molecules given that  $\gamma\delta$  TCR and other functional receptors expressed on  $\gamma\delta$  T cells can directly recognize ligands and trigger their activity.

Except  $\gamma\delta$  TCR,  $\gamma\delta$  T cells express other functional receptors to distinguish between tumor cells and normal tissue. The natural killer (NK) group 2 member D (NKG2D) receptor expressed on  $\gamma\delta$  T cells recognizes a broad and structurally diverse range of the NKG2D ligands (NKG2DL) including MHC I chain-related molecules A/B (MICA/B) and cytomegalovirus unique long 16 (UL16)-binding proteins 1–6 (ULBP1–6), which are generally absent on normal cells but upregulated on tumor cells [2]. DNAX accessory molecule 1 (DNAM1) also contributes to the activation of  $\gamma\delta$  T cells, which recognizes nectin-2 and polyoma virus receptor (PVR). Furthermore, other natural cytotoxicity receptors (NCR), such as NKp30 and NKp44, help  $\gamma\delta$  T cells in recognizing leukemia cells [3–6].

Human  $\gamma\delta$  T cells are divided into two main populations in accordance with their TCR usage of the V $\delta$ 1 or V $\delta$ 2 chain. The majority of  $\gamma\delta$  T cells in PB is V $\delta$ 2 subset, which is paired with the V $\gamma$ 9 chain. V $\delta$ 1 subset resides in mucosal epithelial tissues and has adaptive features. V $\gamma$ 9V $\delta$ 2 T cells are known to identify phosphoantigens (Pags) such as (*E*)-4-hydroxy-3-methylbut-2-enyl pyrophosphate (HMBPP) synthesized in the bacterial isoprenoid biosynthesis pathway, and isopentenyl pyrophosphate (IPP), which are intermediates of the cholesterol synthesis pathway in eukaryotic cells. Besides, butyrophilin subfamily 3 member A1 (BTN3A1) and BTN2A1 molecules are considered to play an important role in V $\gamma$ 9V $\delta$ 2 T cell activation by Pags [7–10]. Pags bind to the intracellular B30.2 domains, which recruits the cytoskeletal adaptor protein periplakin, the Rho family member B (RhoB), and the enzyme that cleaves guanosine triphosphate (GTP; GTPase) [11, 12], which rearranges cytoskeleton and reduces BTN3A1 membrane mobility. Subsequently, BTN3A1 undergoes conformational change and associates with the extracellular domain of BTN2A1, which can directly bind to the germline-encoded regions of V $\gamma$ 9 [8, 9]. The metabolic reprogramming of tumor cells increases the activity of mevalonate pathway and bacterial infection, leading to PAg upregulation. Nitrogen-containing bisphosphonates (NBPs), such as zoledronate acid (ZOL) and alendronate acid (ALD), inhibit farnesyl diphosphate synthase (FDPS), which are the rate-determining enzyme in the mevalonate pathway, resulting in the intracellular accumulation of IPP [13]. Besides, F1-ATPase-related structure has been detected in tumor cells, and the apolipoprotein A-I (apo A-I) and DNA mismatch repair protein human MutS homolog 2 (hMSH2) expressed on the surface of target cells are also considered to be actively recognized by V $\gamma$ 9V $\delta$ 2 TCR [14]. Moreover, the subset expressing the V $\delta$ 1 chain paired with any V $\gamma$  chain is mostly distributed in the mucosa and frequently co-expresses functional receptors of innate immune cells. V $\delta$ 1<sup>+</sup>  $\gamma\delta$  T cells can recognize lipids and glycolipids presented by CD1 molecules. In addition, V $\gamma$ 9V $\delta$ 2 and V $\delta$ 1<sup>+</sup>  $\gamma\delta$  T cells are activated by heat shock proteins (HSP).

After activation,  $\gamma\delta$  T cells exert cytotoxic effects against cancer cells in several pathways similar to conventional cytotoxic T cells. First,  $\gamma\delta$  T cells secrete molecules, such as pore-forming molecule perforin and pro-apoptotic protease granzyme B, to kill cancer cells. Except the perforin-granzyme axis,  $\gamma\delta$  T cells induce cancer cell apoptosis through Fas ligand (FASL) and tumor necrosis factor (TNF)-related apoptosis-inducing ligand (TRAIL) binding to receptors on cancer cell, including Fas and TRAIL receptor (TRAILR). Besides, CD16 known as Fc $\gamma$  receptor III binds to antibodies, resulting in induced antibody-dependent cellular cytotoxicity (ADCC) by  $\gamma\delta$  T cells.  $\gamma\delta$  T cells also exert anti-tumor function through indirect effects by influencing other immune responses. Activated  $\gamma\delta$  T cells secrete cytokines, such as TNF- $\alpha$ , interferon-gamma (IFN- $\gamma$ ), and interleukin-2 (IL-2). In addition,  $\gamma\delta$  T cells work as antigen presentation cells (APC) to activate peptide-specific T cells and stimulate NK cell cytotoxicity through 4-1BB [15].

Based on their ability to produce cytokines, the functional phenotype of  $\gamma\delta$  T cells is highly plastic and can be divided into several subtypes.  $\gamma\delta$  T cells polarize to T-helper 1 (Th1)-like pattern under Th1-priming conditions, including PAg activation and cytokines IL-2, IL-12, and IL-15. Th1-like  $\gamma\delta$  T cell is the main functional population that exerts cytotoxicity effects against tumor cells [16, 17]. Under Th2-priming condition (IL-4 and anti-IL-12 antibody),  $\gamma\delta$  T cells are driven to the Th2-like phenotype that produces IL-4 [16]. IL-21 is a potent immunomodulatory cytokine which enhances the effector functions of NK cells and cytotoxic T cells. IL-21 also contributes to acquiring the follicular Th phenotype by human V $\gamma$ 9V $\delta$ 2 T cells, whose surface expresses

C-X-C chemokine receptor type 5 (CXCR5). This phenotype of  $\gamma\delta$  T cells secretes C-X-C chemokine ligand type 13 (CXCL13) to attract the B cell to germinal centers [18, 19]. Except for effector cells,  $\gamma\delta$  regulatory T cells (Tregs) or inhibitory  $\gamma\delta$  T cells can regulate immune balance and maintain immune tolerance [20–22].  $\gamma\delta$  T cells control the immune responses *in vivo* models of multiple organs from inflammation, allergy, and cancer, such as kidney, lung, heart, and brain [23, 24]. The forkhead box P3 (Foxp3)-positive Tregs-like phenotype can be induced in the presence of IL-15 and transforming growth factor- $\beta$  (TGF- $\beta$ ) and exert immunosuppressive through multiple mechanisms [25, 26].  $\gamma\delta$  Tregs can secrete TGF- $\beta$  and IL-10, which inhibit the activity of T cells and induce Tregs [27–33]. Through combined stimulation with cytokines, like IL-1 $\beta$ , IL-6, IL-23, TGF- $\beta$ ,  $\gamma\delta$  T cells can be driven to the IL-17-producing phenotype ( $\gamma\delta$  T17) [34].  $\gamma\delta$  T17 is considered to be a pro-tumor phenotype attracting attention, which has been proven in various rodent models. In the fibrosarcoma-bearing mouse model, tumor-infiltrating  $\gamma\delta$  T cells are the primary source of IL-17, which promotes tumor metastasis by inducing the angiogenesis via transcription of vascular endothelial growth factor (VEGF) and angiopoietin-2 (Ang-2) [34].  $\gamma\delta$  T17 is induced in the tumor microenvironment and recruits tumor-promoting macrophages and neutrophils, thus inhibiting anti-tumor immune response [14, 35]. The CD39<sup>+</sup>  $\gamma\delta$  T cells are a new type of  $\gamma\delta$  Tregs found in human colorectal cancer [31]. CD39 and CD73 expression on  $\gamma\delta$  T cells can hydrolyze and dephosphorylate adenosine triphosphate (ATP) to adenosine, which binds to adenosine receptors and subsequently exerts strong suppressive capacity [31, 36].  $\gamma\delta$  T cells also suppress the proliferation of CD4 T cells through checkpoint molecules such as programmed cell death (PD) ligand 1 (PD-L1) [37, 38]. The galectin-1 secreted by  $\gamma\delta$  T cells is thought to be a potential regulatory molecule induced by myeloid-derived suppressor cells activated by the toll-like receptor 5 (TLR5)-dependent signal [39].

In conclusion, the role of  $\gamma\delta$  T cells is very complicated and context-dependent. Immunotherapy with activated  $\gamma\delta$  T cells is tolerated well. However, the clinical benefits are unsatisfactory. Therefore, the cytotoxicity of  $\gamma\delta$  T cells via various mechanisms needs to be further increased.

## New methods to enhance $\gamma\delta$ T cell cytotoxicity

### Novel nitrogen-containing bisphosphonate products

Boosting Th1-phenotype  $\gamma\delta$  T cells in patients with cancer for their independence of MHC molecules is attractive, and the loss of MHC I molecules is one of the common immune evasion mechanisms. Aminobisphosphonates were once thought to be the ideal drug because they can induce effector V $\gamma$ 9V $\delta$ 2 T cell activation and expansion. They are commercially available and used in many clinical trials worldwide, such as in osteoporosis and bone metastasis in cancer treatment [13]. However, most clinical trials boosting V $\gamma$ 9V $\delta$ 2 T cells *in vivo* show disappointing responses (Table 1) [40]. Findings may be related to the energy and exhaustion of  $\gamma\delta$  T cells in patients, which prevent  $\gamma\delta$  T cells from responding to NBPs [41]. Moreover, the efficacy of NBPs is challenged by their pharmacokinetic properties *in vivo* [42]. Less than 1% of NBPs are absorbed when given orally, and NBPs have a short half-life in PB because they are rapidly excreted absorbed by bone tissue. PAgS, such as bromohydrin pyrophosphate (BrHPP), have a short half-life period in the plasma [43]. NBPs are hydrophilic and enter cells through fluid-phase endocytosis. These reasons result in poor tissue accumulation except for bone.

The bisphosphonate prodrugs were designed to overcome the problem of pharmacodynamic restriction. The highly hydrophobic bisphosphonate prodrug, tetrakis-pivaloyloxymethyl 2-(thiazole-2-ylamino) ethylidene-1,1-bisphosphonate (PTA) can efficiently permeate cell membranes and be hydrolyzed to active acid form, 2-(thiazole-2-ylamino)ethylidene-1,1-bisphosphonate (TA), by intracellular esterase to block FDPS [44, 45]. PTA induces the intracellular accumulation of IPP more efficiently than ZOL [46]. Subsequently, PTA is 1000-fold more potent than ZOL in stimulating V $\gamma$ 9V $\delta$ 2 T cells in PB mononuclear cell (PBMC) *ex vivo*. Furthermore, V $\gamma$ 9V $\delta$ 2 T cells expanded by PTA reach a higher purity (> 98%), and the number is 20% higher on average while preserving their cytotoxic activity compared with ZOL [44]. After adoptive transfer in nonobese diabetic (NOD)/Shi-scid/IL-2R gamma(null) mice (NOG mice), highly enriched V $\gamma$ 9V $\delta$ 2 T cells (> 98%) result in high circulating V $\gamma$ 9V $\delta$ 2 T cells. NBP prodrugs can be optimized by introducing a fluorine

atom which is helpful in the stabilization of NBPs [47]. Therefore, PTA can be a better stimulator of V $\gamma$ 9V $\delta$ 2 T cells than NBPs to prepare large numbers used in adoptive immunotherapy for cancer.

**Table 1.** Associated clinical trials of  $\gamma\delta$  T cells immunotherapy

Clinical trial identifier	Phase	Start date	Status	Cancer type	Interventions	Outcome measures
NCT01404702	I	August, 2011	Terminated	Neuroblastoma	ZOL, IL-2	Safety, tumor response, etc.
NCT00582790	II	August, 2003	Terminated	Kidney cancer	ZOL, IL-2	OS, PFS, safety, etc.
NCT02781805	I	August, 2016	Terminated	Breast neoplasms	ALD	Percentage change of $\gamma\delta$ T cells
JPRN-UMIN000008097	I	June, 2017	Not recruiting	Esophageal cancer	Autologous $\gamma\delta$ T cells	Safety, PFS, OS, etc.
JPRN-UMIN000007878	II	May, 2012	Not recruiting	MM	Autologous $\gamma\delta$ T cells	TTP, PFS, safety, etc.
JPRN-C000000336	I, II	March, 2006	Not recruiting	NSCLC	Autologous $\gamma\delta$ T cells	Safety, PFS, QOL, etc.
JPRN-UMIN000006128	II	August, 2011	Not recruiting	NSCLC	ZOL-expanded autologous $\gamma\delta$ T cells	PFS, QOL, safety, etc.
NCT03790072	I	November, 2018	Completed	AML	Allogeneic $\gamma\delta$ T cells	Safety, DLT, CR, etc.
NCT04008381	I	September, 2019	Recruiting	AML	Allogeneic $\gamma\delta$ T cells	RR, safety, OS, etc.
NCT04518774	I	August, 2020	Recruiting	Hepatocellular carcinoma	Allogeneic $\gamma\delta$ T cells	Safety, DLT, QOL, etc.
NCT04735471	I	March, 2021	Recruiting	Lymphoma	Allogeneic $\gamma\delta$ T cells	DLT, OS, PFS, etc.
NCT04165941	I	February, 2020	Recruiting	Brain tumor adult	DRI modified $\gamma\delta$ T cells	DLT, safety, TTP, etc.
NCT03533816	I	January, 2020	Recruiting	Leukemia, MDS	Allogeneic $\gamma\delta$ T cells	DLT, safety, RFS, etc.
NCT04911478	-	August, 2021	Enrolling by invitation	Lymphoma	Allogeneic $\gamma\delta$ T cells	Safety, ORR, PFS, etc.
NCT05015426	I	August, 2021	Recruiting	AML	aAPC-expanded $\gamma\delta$ T cells	MTD, RFS, OS, etc.
NCT05001451	I	August, 2021	Recruiting	AML	Allogeneic V $\delta$ 1+ $\gamma\delta$ T cells	Safety, DLT, etc.
NCT00562666	I	February, 2008	Terminated	Hepatocellular carcinoma	$\gamma\delta$ T cells	Safety, tumor response
JPRN-UMIN000028370	II	July, 2017	Recruiting	AL, lymphoma, solid tumor	Autologous $\gamma\delta$ T cells, nucleoside (acid) analogues	DFS
NCT04107142	I	December, 2019	Unknown status	Colorectal cancer, TNBC, Sarcoma, nasopharyngeal Carcinoma, PC, GC	NKG2DL-targeting CAR-grafted $\gamma\delta$ T cells	DLT, safety, PFS, etc.
NCT05302037	I	April, 2022	Not yet recruiting	Cancer	NKG2DL-targeting CAR-grafted $\gamma\delta$ T cells	DLT, safety, PFS, etc.
NTR6541	I	January, 2017	Recruiting	AML, MDS, MM	TEG001	DLT
NCT04688853	I	May, 2021	Recruiting	MM	TEG002	Safety, DLT, OS, etc.

aAPC: artificial APC; AL: acute leukemia; AML: acute myeloid leukemia; CAR: chimeric antigen receptor; CR: complete remission; DFS: disease free survival; DLT: dose-limiting toxicities; DRI: drug resistant immunotherapy; GC: gastric cancer; MDS: myelodysplastic syndromes; MM: multiple myeloma; MTD: maximum tolerated dose; NSCLC: non-small cell lung cancer; ORR: objective response rate; OS: overall survival; PC: prostate cancer; PFS: progression-free survival; QOL: quality of life; RFS: relapse-free survival; RR: relative risk; TEG: T cell engineered to express a defined  $\gamma\delta$  TCR; TNBC: triple-negative breast cancer; TTP: time to progression

In addition, using nano-technology to deliver NBPs and synthetic nucleotide pyrophosphate is attractive [42, 43]. NBPs, such as ALD and ZOL, encapsulated within liposome [liposomal ALD (L-ALD) and liposomal ZOL (L-ZOL)] and L-ALD do not exert an improved ability to sensitize tumor cells to destruction by V $\gamma$ 9V $\delta$ 2 T cells, and the use of L-ZOL *in vivo* is prohibited by profound toxicity and sudden mouse death [48–51]. L-ALD can help NBPs go through the cell membrane and has a superior ability to sensitize epithelial ovarian cancer (EOC) and melanoma xenograft effectively to V $\gamma$ 9V $\delta$ 2 T cell adoptive immunotherapy [48, 49]. The positron emission tomography tracking of <sup>89</sup>Zr-label shows higher V $\gamma$ 9V $\delta$ 2 T cell number in L-ALD-treated tumors and less in bone than ALD-treated [52]. Targeted liposomes have been formulated to increase the efficacy of V $\gamma$ 9V $\delta$ 2 T cells and NBP combination immunotherapy. NBPs encapsulated within folate-targeted (FT) liposomes (FT-L-ZOL and FT-L-ALD) sensitize folate receptor- $\alpha^+$  EOC cell lines in a 10-fold lower concentration than liposomal-NBP (L-NBP) and free NBP [48]. The  $\alpha$ v $\beta$ 6 integrin-targeted L-ALD can enter the  $\alpha$ v $\beta$ 6-positive cells line via receptor-mediated endocytosis and improve the sensitization of the  $\alpha$ v $\beta$ 6 positive cell line to V $\gamma$ 9V $\delta$ 2 T cells [53]. However, no additional advantage is observed in the metastatic lung mouse model compared with L-ALD.

### **$\gamma\delta$ T cells as antibody adjuvant**

Based on the capacity of ADCC,  $\gamma\delta$  T cell adoptive immunotherapy can also benefit from the treatment of monoclonal antibody (mAb). The cytotoxicity of V $\gamma$ 9V $\delta$ 2 T cells against malignant B cells and breast cancer increases in the presence of antibodies targeting CD20 and human epidermal growth factor receptor 2 (HER2) via CD16-mediated ADCC [54–56]. Furthermore, this result is confirmed and expanded in a non-human macaque model *in vivo*. The research also found that PAg promotes V $\gamma$ 9V $\delta$ 2 T cell binding to mAb target cells and formation of immunologic synapses [55]. V $\gamma$ 9V $\delta$ 2 T cells exhibit more significant cytotoxicity against Ewing's sarcoma and neuroblastoma cell lines through opsonization by ganglioside antigen (GD2) antibodies [57–59]. The combination therapy of  $\gamma\delta$  T cells and GD2 antibody significantly prolongs the survival of humanized neuroblastoma model.

Bispecific T cell engagers (BiTEs) targeting T cells and tumor antigens through the coupling of single-chain variable fragments (scFv) can help  $\gamma\delta$  T cells recognize and kill tumor cells in the absence of PAg. BiTEs are interesting candidates to overcome this hurdle as they bind immune effector and tumor cells and recruit effector cells to the tumor lesion. The bispecific antibody targeting PD-L1 and CD3 improves the anti-tumor effect of V $\gamma$ 9V $\delta$ 2 T cells against NSCLC [60]. The (Her2  $\times$  CD3) bispecific scFv specifically binds to  $\gamma\delta$  T cells and Her2-positive cell lines and enhances  $\gamma\delta$  T cell-mediated lysis against pancreatic ductal adenocarcinoma (PDAC). Besides, the [(Her2)<sub>2</sub>  $\times$  V $\gamma$ 9] bispecific tribody, which consists of 2 scFv specifically binding to HER2 and 1 Fab directed to  $\gamma\delta$  TCR subunit V $\gamma$ 9, has a superior activity compared with (Her2  $\times$  CD3), which may be due to the bivalent targeting of tumor cells and different qualitative signaling via V $\gamma$ 9 TCR [61]. Subsequently, compared with PAg, [(Her2)<sub>2</sub>  $\times$  V $\gamma$ 9] induces minimal cell death of V $\gamma$ 9V $\delta$ 2 T cells [62]. Recombinant immunoligands consisting of human CD20 scFv and MICA or ULBP2 enhance the  $\gamma\delta$  T cell-mediated lysis of lymphoma and leukemia cells [63]. BiTE with scFv binding TCR gamma V region 9 (TRGV9) and scFv binding CD123 induces the activation of V $\gamma$ 9V $\delta$ 2 T cells and cytolytic activity of CD123-positive AML cell lines by V $\gamma$ 9V $\delta$ 2 T cells without eliciting cytokine storm, which occurs to patients accepting CD3-direction immunotherapy [64].

Nanobodies are variable antigen-binding regions from heavy chain-only antibodies, naturally occurring in camelids. The application of nanobodies is advantageous for bispecific antibodies because of their simple structure. Nanobodies contain only heavy chains and lack the Fc-region, resulting in low immunogenicity and the ability to reach the antigen easily [65]. de Bruin et al. [66, 67] devised a series of nanobodies specifically binding to V $\gamma$ 9 and V $\delta$ 2 TCR, which can be powerful tools for cytometry, immunocytochemistry, V $\gamma$ 9V $\delta$ 2 T cell isolation through magnetic-activated cell sorting (MACS), and blocking the activation signal of V $\gamma$ 9V $\delta$ 2 TCR mediated by NBPs. Later, de Bruin et al. developed a novel bispecific V $\gamma$ 9V $\delta$ 2 T cell engager, and the anti-epidermal growth factor receptor (EGFR) nanobody joins the anti-V $\gamma$ 9V $\delta$ 2 TCR nanobody. This (EGFR  $\times$  V $\gamma$ 9V $\delta$ 2 TCR) nanobody induces the  $\gamma\delta$  T cell-mediated lysis of EGFR positive tumor cells and enhances the  $\gamma\delta$  T cell-mediated inhibition of colon adenocarcinoma cell line growth *in vivo* [65]. Besides, the exertion of cytolytic activities against normal keratinocytes by  $\gamma\delta$  T cells is barely observed even in the



presence of a high concentration of these bispecific nanobodies. Another bispecific V $\gamma$ 9V $\delta$ 2 T cell engager consisting of V $\delta$ 2 TCR-specific nanobody and CD1d-specific nanobody enhances the V $\gamma$ 9V $\delta$ 2 T cell-mediated cytotoxicity against chronic lymphocytic leukemia (CLL) cell line [68]. The overview of  $\gamma\delta$  T cell adoptive immunotherapy with antibody adjuvant is given in Table 2.

**Table 2.** Research of  $\gamma\delta$  T cells with antibody adjuvant

Name	Target	Tumor type	Reference
<b>mAb</b>			
hu14.18	GD2	Neuroblastoma/Ewing's sarcoma	[57–59]
Rituximab & GA101	CD20	B cell lymphoma/CLL	[54–56]
Trastuzumab	HER2	Breast cancer	[54, 55]
Alemtuzumab	CD52	Lymphoma	[55]
<b>BiTE</b>			
Her2-CD3 & (Her2) <sub>2</sub> × V $\gamma$ 9	HER2 & CD3/V $\gamma$ 9	PDAC	[61, 62]
V $\gamma$ 9/CD123 bispecific antibody	CD123 & V $\gamma$ 9	AML	[64]
Y111	PD-L1 & CD3	NSCLC	[60]
<b>Bispecific nanobody</b>			
7D12-5GS-6H4	EGFR & V $\delta$ 2	Colon adenocarcinoma	[65]
anti-CD1d-V $\delta$ 2	CD1d & V $\delta$ 2	CLL	[68]

### $\gamma\delta$ T cells plus immune checkpoint therapy

Immune checkpoint receptors (ICRs) are expressed on the surface of most leukocytes, including  $\gamma\delta$  T cells, and prevent the immune response from overt activation and damage to tissue. The majority of ICRs inhibit cell activation through a mechanism that intracellular immunoreceptor tyrosine inhibitory motifs (ITIM) or intracellular immunoreceptor tyrosine switch motifs (ITSM) recruit and phosphorylate Src-homology-2 phosphatases 1 (SHP-1) and SHP-2, which dephosphorylate substrates and inhibit cell activation. Otherwise, ICRs counteract the activating signals by competing with activating receptors for ligands. Cytotoxic T lymphocyte antigen-4 (CTLA-4) binds to B7 ligands with higher affinity than CD28, and T cell immunoreceptor with immunoglobulin and ITIM domain (TIGIT) limits CD226-mediated cell activation in the same way.

V $\gamma$ 9V $\delta$ 2 T cells transiently upregulate PD-1 after PAg-mediated TCR activation [69, 70]. But V $\gamma$ 9V $\delta$ 2 T cells from cord blood express PD-1 for 28 days after PAg stimulation [71]. The activation and effector function of  $\gamma\delta$  T cells is controlled by PD-1. Bone marrow (BM) V $\gamma$ 9V $\delta$ 2 T cells from MM are largely PD-1-positive and anergic to PAg stimulation [72]. After binding to PD-L1, cytotoxicity against tumor cells and cytokine production of PD-1<sup>+</sup> V $\gamma$ 9V $\delta$ 2 T cells, such as IFN- $\gamma$ , TNF- $\alpha$ , and IL-17A, is impaired [69, 71, 73]. Blockade of PD-1 signal can restore the inhibition. V $\gamma$ 9V $\delta$ 2 T cells proliferation and degranulation in response to PAg are partially recovered in the presence of anti-PD-1 mAb [72]. Furthermore, anti-PD-1 mAb potentiates CD16-mediated ADCC of follicular lymphoma cells by V $\gamma$ 9V $\delta$ 2 T cells [74]. B- and T-lymphocyte attenuator (BTLA) is strongly expressed on resting V $\gamma$ 9V $\delta$ 2 T cells and inversely correlated with differentiation. BTLA negatively regulates V $\gamma$ 9V $\delta$ 2 TCR-mediated activation and attenuates proliferative capacities following herpes virus entry mediator (HVEM) ligation [75, 76]. Antagonistic anti-HVEM or BTLA mAb increases V $\gamma$ 9V $\delta$ 2 T cell proliferation in co-culture with HVEM<sup>+</sup> tumor cells and prevents terminal differentiation [75, 76]. V $\gamma$ 9V $\delta$ 2 T cells upregulate T cell immunoglobulin and mucin domain-containing 3 (Tim-3) at the early stage of TCR stimulation and keep a high level for more than 18 days [77]. Upon Galectin-9 ligation, Tim-3 promotes V $\gamma$ 9V $\delta$ 2 T cells apoptosis and inhibits the cytotoxicity of colon cancer cells [77, 78]. Blocking Tim-3 can significantly increase proliferation [79], inhibit apoptosis of V $\gamma$ 9V $\delta$ 2 T cells, and enhance their cytotoxicity [77, 78].

### $\gamma\delta$ T cells in adoptive immunotherapy

On the basis of the advantages of  $\gamma\delta$  T cells for immunotherapy, clinical trials have been conducted in the last decades [35, 80]. Associated clinical trials are listed in Table 1. In 2003, the first  $\gamma\delta$  T cell-mediated immunotherapy clinical trial was carried out in non-Hodgkin lymphoma (NHL) and MM patients with the

injection of NBP [41].  $\gamma\delta$  T cell-mediated immunotherapy is proven to be feasible and tolerated well. However, the clinical outcome is unsatisfactory. Studies on other types of cancers, such as refractory PC, renal cell carcinoma, melanoma, AML, breast cancer, and neuroblastoma also reach the same conclusion [19, 81–83]. Adoptive transfer of  $\gamma\delta$  T cells expanded *ex vivo* is explored in metastatic renal cell carcinoma, NSCLC, melanoma, AML, pancreatic cancer, colorectal cancer, GC and MM [84–94]. The precise reason for the unsatisfying clinical outcome remains unclear, but a number of assumptions have been raised. One of the reasons is that  $\gamma\delta$  T cells possess regulatory functions on immune responses. And whether the Foxp3, the marker of Tregs, is necessary for  $\gamma\delta$  Tregs, which means the subsets of  $\gamma\delta$  T cells can't be sorted out through a distinctive marker. Surveys have explained that  $\gamma\delta$  T cells exert immunosuppressive function after  $\gamma\delta$  TCR stimulation [25, 37]. Moreover, the systematic intravenous injection of  $\gamma\delta$  T cells can not achieve enough effector-target (E-T) ratio to eliminate cancer cells at the tumor site. The adoptively transferred  $\gamma\delta$  T cells trafficked predominantly to the lungs at first and migrated to the liver and spleen [88].

### V $\delta$ 1 T cell adoptive immunotherapy

In the past decades, non-V $\delta$ 2 T cells, including V $\delta$ 1 T cells, do not get much attention in immunotherapy as V $\gamma$ 9V $\delta$ 2 T cells due to their low abundance among PB  $\gamma\delta$  T cells and lack of protocols for expansion. The V $\delta$ 1 T cell has its advantages as a candidate for adoptive immunotherapy. V $\delta$ 1 T cells also recognize the target cell independence of MHC molecules and are minimally susceptible to activation-induced cell death [3, 4]. V $\delta$ 1 T cells recognize lipid antigens presented by CD1 and NKG2DL through  $\gamma\delta$  TCR and NKG2D and target B7-H6-positive cancer cells through NCR, such as NKp30 and NKp44 [5, 6]. The “two-step” V $\delta$ 1 T cell expansion protocol can achieve more than 1000-fold expansion of V $\delta$ 1 T cells. MACS sorted- $\gamma\delta$  T cells are cultured with several cytokines and anti-CD3 mAb for three weeks, and V $\delta$ 1 T cells can be acquired. The adoptive V $\delta$ 1 T cells transfer inhibits tumor growth and dissemination *in vivo* [4, 6].

### CAR- $\gamma\delta$ T cells

CARs comprise an scFv ectodomain targeting a cell surface molecule specific for tumor-associated antigens (TAAs) and endodomain that transduces the co-stimulation signal [95]. CAR-T therapy has shown remarkable success in some cases but still suffers from some limitations. The main side effects of CAR-T therapy are on-target/off-tissue and off-target toxicities induced by attacking non-malignant host cells. Several mechanisms cause the phenomenon. First, CAR recognizes antigens on the surface of normal host cells expressing TAAs, or CAR-T targets normal tissue through cross recognition. Second, anergized self-reactive T cells are re-activated by signaling through CARs [96]. Besides, the cytokine release syndrome is another side effect of T cells expansion *in vivo* and the release of toxic cytokine levels [97]. CAR-T cells must be individually fabricated for each patient to avoid the risk of graft-versus-host disease (GVHD). Therefore, a universal cellular treatment needs to be devised. Researchers have developed several approaches by using T-cell precursors, NK cells, or  $\gamma\delta$  T cells as carrier cells [98].

CAR- $\gamma\delta$  T cells, which are generated from V $\gamma$ 9V $\delta$ 2 T cells engineered with CAR, show anti-tumor efficacy. Studies showed that V $\gamma$ 9V $\delta$ 2 T cells with CD19-specific CAR exert an anti-tumor effect against CD19<sup>+</sup> leukemia and  $\gamma\delta$  T cells with GD2-specific CAR efficiently and specifically lyse Ewing's sarcoma and neuroblastoma cells [99, 100]. Interestingly, CAR- $\gamma\delta$  T cells retain the ability to take up tumor antigens, and the cross presents the processed peptide to conventional T cells [95]. CARs provide  $\gamma\delta$  T cells with the ability to recognize and activate by TAAs. CAR- $\gamma\delta$  T cells can sense metabolic dysregulation like normal V $\gamma$ 9V $\delta$ 2 T cells, thus reducing the risk of off-target effect. CD19-specific CAR- $\gamma\delta$  T cells show CD19 dependent activity against tumor cells and cytotoxicity against CD19-negative target cells via  $\gamma\delta$  TCR recognizing PAg. For these reasons, CAR- $\gamma\delta$  T cells provide an idea for overcoming the barrier of CAR-T therapy [101].

Investigators also searched for mechanisms that enhance the safe application of CAR- $\gamma\delta$  T cell therapy. Second-generation CAR endodomain contains CD3 $\zeta$  providing TCR signals (signal 1) and co-stimulatory domains (signal 2) such as CD28, 4-1BB, CD27, or ox40 in the presence of target antigen to bypass the requirement for MHC-restricted antigen presentation. Once CAR binds to TAAs, TCR and co-stimulatory signals are stimulated, and T cells are activated. At the same time, off-tumor toxicity remains a concern [95].

Therefore, Fisher et al. [102] devised a new kind of GD2-DAP10 CAR- $\gamma\delta$  T cell, in which separated receptors transduce the two signals for  $\gamma\delta$  T cell activation. Signal 1 is provided through sensing the metabolic dysregulation of target cells by native  $\gamma\delta$  TCR. In contrast, the co-stimulation signal is transduced by the endodomain of CAR recognizing TAAs, such as GD2. CAR- $\gamma\delta$  T cells are fully activated after these two separate receptors recognize their distinct ligands. In the current study, GD2-DAP10 CAR- $\gamma\delta$  T cells without CD3 $\zeta$  do not show toxicity against GD2<sup>+</sup> normal cells that do not activate the  $\gamma\delta$  TCR signal. Furthermore, Fleischer et al. [103] designed the novel non-signaling CARs (NSCARs), which lack signaling/activation domains. CD5- or CD19-NSCAR-modified  $\gamma\delta$  T cells exhibit enhanced antigen-directed cytotoxicity against T cell-acute lymphocytic leukemia (T-ALL) or B cell-acute lymphocytic leukemia (B-ALL) cell lines in contrast to  $\alpha\beta$  T cells. NSCARs are hypothesized to enhance  $\gamma\delta$  T cell-mediated anti-leukemia effect by improving the interaction between  $\gamma\delta$  T cells and leukemia cell lines expressing TAAs. Upon co-culture with target cells, NSCAR-modified  $\gamma\delta$  T cells showed greater degranulation. Harrer et al. [96] engineered  $\gamma\delta$  T cells through RNA electroporation. Melanoma-associated chondroitin sulfate proteoglycan-specific CAR- $\gamma\delta$  T cells specifically exhibit lysis against melanoma cells without a background cytokine secretion. Clinical studies are currently underway to evaluate the safety and efficacy of anti-CD19 and anti-CD20 CAR- $\gamma\delta$  T cells in hematologic malignancies and anti-CD7 CAR- $\gamma\delta$  T cells in CD7-positive T cell-derived malignant tumors (NCT02656147, NCT04702841, NCT04735471). The overview of CAR- $\gamma\delta$  T cell adoptive immunotherapy is listed in Table 3.

**Table 3.** CAR- $\gamma\delta$  T cell-based immunotherapy research

Target	Endodomain	Tumor type	Reference
GD2	TCR $\xi$	Neuroblastoma	[100]
GD2	CD28-CD3 $\xi$	Neuroblastoma/Ewing's sarcoma	[95]
GD2	DAP10/CD28-CD3 $\xi$	Neuroblastoma/Ewing's sarcoma	[102]
CD19	Non	T-ALL	[103]
CD19	CD28-CD3 $\xi$	B cell lymphoma/CLL	[99, 101]
CD19	TCR $\xi$	B cell lymphoma/CLL	[100]
MCSP	CD28-CD3 $\xi$	Melanoma	[96]
CD5	Non	B cell lymphoma/CLL	[103]

MCSP: melanoma-associated-chondroitin-sulfate-proteoglycan

### TEGs

The major barrier to adoptive immunotherapy is the generation of auto-reactive  $\alpha\beta$  T cells. Therefore, CAR-T and  $\alpha\beta$  T cells engineered to express tumor-specific  $\alpha\beta$  TCR are developed. However, reprogramming  $\alpha\beta$  T cells with defined  $\gamma\delta$  TCRs is hampered by MHC restriction [104]. Although V $\gamma$ 9V $\delta$ 2 T cells exert a strong anti-tumor reactivity against various solid and hematologic malignancies, most clinical trials reported limited tumor control by transferred V $\gamma$ 9V $\delta$ 2 T cells. One of the reasons may be that the functional phenotype of  $\gamma\delta$  T cells is highly plastic. Even when from the same donor, the anti-tumor reactivity of individual V $\gamma$ 9V $\delta$ 2 T cell clones is variable due to the different amino acid sequences of V $\gamma$ 9V $\delta$ 2 TCR complementary determining region three domains [105, 106]. Therefore, TEGs are introduced to immunotherapy. Their ability to recognize antigens in an MHC-unrestricted manner and sense metabolic dysregulation is based on the V $\gamma$ 9V $\delta$ 2 TCR.  $\alpha\beta$  T cells can also possess these properties through the transfection of V $\gamma$ 9V $\delta$ 2 TCR. By picking the V $\gamma$ 9V $\delta$ 2 TCR that binds to tumor cells efficiently, the problem of functional diversity of V $\gamma$ 9V $\delta$ 2 T cells can be solved.

The first V $\gamma$ 9V $\delta$ 2 TCR chain used for redirecting  $\alpha\beta$  T cells is clone G115, which has been reported to recognize PAg and bind to ApoA1 and F1-ATPase [107, 108]. CD8<sup>+</sup>  $\alpha\beta$  T cells engineered to express V $\gamma$ 9V $\delta$ 2 TCR clone G115 exert cytotoxicity functions against a broad panel of tumor cells, ignore normal tissue and the anti-tumor effect involved F1-ATPase. CD4<sup>+</sup> TEGs can induce the maturation of dendrite cells as conventional V $\gamma$ 9V $\delta$ 2 T cells. Moreover, IL-12p70 secretion by dendrite cells can be detected after incubation with CD4<sup>+</sup> TEGs compared to conventional  $\gamma\delta$  T cells [107].



Methods to purify engineered T cells are also introduced to TEGs.  $\gamma\delta$  TCR is a strong  $\alpha\beta$  TCR competitor for the components of the CD3 complex and reduces the expression of  $\alpha\beta$  TCR. So Straetemans et al. [109, 110] utilize Good Manufacturing Practice (GMP)-grade anti- $\alpha\beta$  TCR beads to reduce the fraction of non-transduced and poorly transduced  $\alpha\beta$  T cells. After purification, TEGs with  $\alpha\beta$  T cells depletion significantly increase the anti-tumor activity against malignant cells and reduce allo-reactivity towards PBMC from healthy donors. The GMP-grade manufacturing of TEGs is sufficient to produce the drug product TEG001, which has been proven in a clinical trial (NTR6541). TEG001 showed anti-leukemia effects while remaining not harmful to human normal cells in a mouse model [111]. TEG002 shares the same V $\gamma$ 9V $\delta$ 2 TCR as TEG001 and exerts a cytotoxicity effect against neuroblastoma organoids. Straetemans et al. [112] also proved that the insertion of V $\gamma$ 9V $\delta$ 2 TCR does not increase the risk of TEG001 cells for malignant transformation. A Phase I clinical trial has also been initiated to investigate the safety of TEG002 (NCT04688853).

Besides V $\gamma$ 9V $\delta$ 2 TCR, other subtypes of  $\gamma\delta$  TCR are transferred to  $\alpha\beta$  T cells. Based on the paradoxical phenomenon that human cytomegalovirus (CMV) reactivation after allogeneic stem cell transplantation (allo-SCT) reduces the risk of leukemia relapse, researchers found that CMV-induced V $\delta$ 1 T cells can show cytotoxicity against leukemia cells [113].  $\alpha\beta$  T cells engineered to express this type of V $\delta$ 1 TCRs are capable of recognizing leukemia cells. Otherwise, V $\gamma$ 5V $\delta$ 1 T cell, the subgroup of  $\gamma\delta$  T cells derived from tumor tissue, recognizes colorectal adenocarcinoma and Epstein-Barr virus (EBV)-transformed lymphoblastoid cells in the presence of human leukocyte antigen (HLA)-A\*24:02. Interestingly, HLA-A\*24:02-mediated recognition does not rely on the presentation of antigen peptides. TEG011 expressing V $\gamma$ 5V $\delta$ 1 TCR functions the same as V $\gamma$ 5V $\delta$ 1 T cell [114]. Furthermore, TEG011 does not exhibit off-target toxicity in nontumor tissues in humanized HLA-A\*24:02 transgenic mice [115]. The single-cell analysis of TNBC revealed that V $\gamma$ 4aV $\delta$ 5 T cells are abundant in tumor tissues. TEG-C132 expressing V $\gamma$ 4aV $\delta$ 5 TCR is reactive to endothelial protein C receptor. Thus, the anti-tumor activity of TEG-C132 is observed [116]. However, given that the specific mechanism of how  $\gamma\delta$  TCR recognizes antigens remains unclear, we still can not distinguish which types of patients with tumors will benefit from TEG therapy. Overview researches of TEGs-based immunotherapy are given in Table 4.

**Table 4.** TEGs-based immunotherapy research

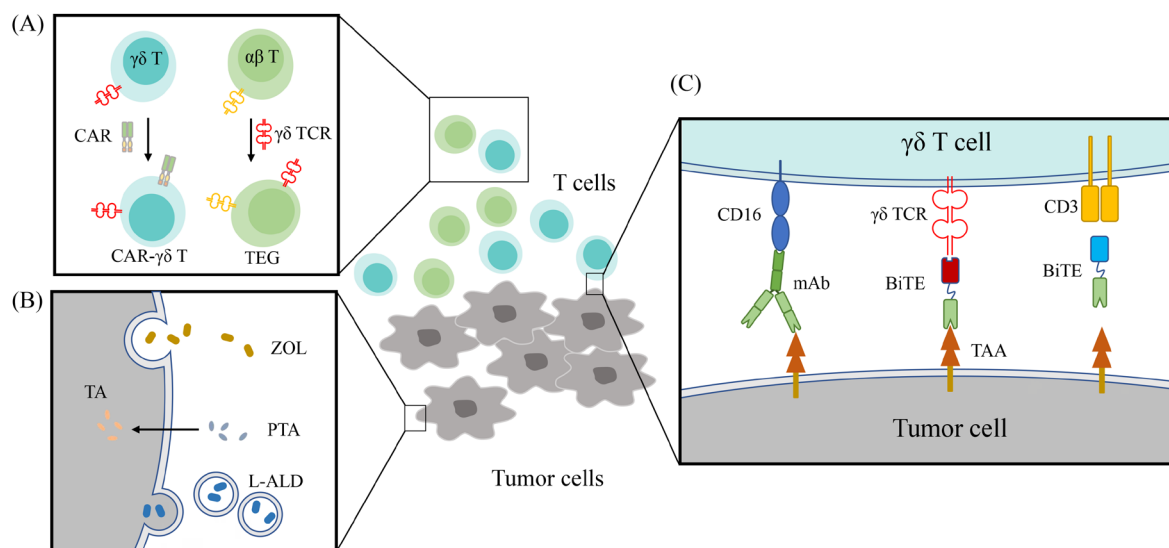
TCR type	TEG name	Tumor type	Reference
V $\gamma$ 9V $\delta$ 2 G115	-	Leukemia	[107]
$\gamma$ G11/ $\delta$ 5	-	Hematological malignancy	[109]
V $\delta$ 1	-	Leukemia	[104]
V $\gamma$ 9V $\delta$ 2 G115	-	MM	[108]
V $\gamma$ 9V $\delta$ 2 clone 5	TEG001	AML	[110, 111]
V $\gamma$ 5V $\delta$ 1	TEG011	Colorectal adenocarcinoma & EBV transformed lymphoblastoid cells	[114, 115]
V $\gamma$ 4aV $\delta$ 5	TEG-C132	TNBC	[116]
V $\gamma$ 9V $\delta$ 2 clone 5	TEG002	Neuroblastoma	[117]

"-" indicates no TEG names are available

## Conclusions

Although  $\gamma\delta$  T cells are a small population of T cells in PB, they attract remarkable attention for their ability to exert potent cytotoxicity against broad types of tumor cells in an MHC-unrestricted manner. In the current review, we discussed several novel strategies to improve the anti-tumor effects of  $\gamma\delta$  T cell-based immunotherapy (Figure 1). Nonetheless, clinical trials show limited benefit from  $\gamma\delta$  T cell-based immunotherapy. The precise reason remains unclear, but several assumptions have been raised. One of the hypotheses is that the functions of activated  $\gamma\delta$  T cells are plastic, and several subsets of  $\gamma\delta$  T cells exert immunoregulatory functions. In addition, boosting the function of  $\gamma\delta$  T cells *in vivo* by NBPs and IL-2 was limited by the pharmacokinetic properties of NBPs. Therefore, NBP prodrugs and encapsulating within liposomes are designed. NBP prodrugs have an excellent potential application for its high effect on activating

$\gamma\delta$  T cells. Adoptive transfer can also benefit from this effect because  $\gamma\delta$  T cells stimulated by NBP prodrugs achieve high purity (> 98%). Functional and subset diversity may be another reason. By selecting the  $\gamma\delta$  TCR that has high affinity or tumor cell and transfers to  $\alpha\beta$  T cells, TEGs may avoid the functional diversity of  $\gamma\delta$  T cells. Moreover, the systematic intravenous injection of  $\gamma\delta$  T cells cannot achieve enough E-T ratio to eliminate cancer cells at the tumor site. Consequently, strategies to improve cytotoxicity and recruit  $\gamma\delta$  T cells need further research. CAR-redirected  $\gamma\delta$  T cells have a good way of recognizing specific tumor cells. The anti-tumor effect of  $\gamma\delta$  T cell-based immunotherapy can be enhanced via the CD16-mediated ADCC. BiTEs recruit  $\gamma\delta$  T cells to tumor sites through binding to  $\gamma\delta$  T cells and tumor cells. In summary, given that  $\gamma\delta$  T cells are heterogeneous, more clinical trials need to be thoroughly delineated and utilized to maximize the efficacy of immunotherapy by using  $\gamma\delta$  T cells.



**Figure 1.** Strategies to improve the anti-tumor effect of  $\gamma\delta$  T cells. (A) CAR redirected  $\gamma\delta$  T cells have a better way of recognizing specific tumor cells.  $\alpha\beta$  T can possess the advantages of recognizing antigens in an MHC-unrestricted manner and a sense of metabolic dysregulation through transfection V $\gamma$ 9V $\delta$ 2 TCR; (B) NBPs are hydrophilic and enter cells through fluid-phase endocytosis. The highly hydrophobic bisphosphonate prodrug, PTA can efficiently permeates cell membranes and be hydrolyzed to active acid form, TA by intracellular esterase to block FDPS. NBPs are delivered using nano-technology; (C) the cytotoxicity of V $\gamma$ 9V $\delta$ 2 T cells against malignant cells increases in the presence of antibodies targeting TAAs. BiTEs targeting  $\gamma\delta$  T cells and tumor antigens recruit  $\gamma\delta$  T cells to the tumor site

## Abbreviations

ADCC: antibody-dependent cellular cytotoxicity

ALD: alendronate acid

AML: acute myeloid leukemia

ATP: adenosine triphosphate

BiTEs: bispecific T cell engagers

BTLA: B- and T-lymphocyte attenuator

BTN3A1: butyrophilin subfamily 3 member A1

CAR: chimeric antigen receptor

CDR3: complementary determining region 3

CLL: chronic lymphocytic leukemia

DLT: dose-limiting toxicities

EGFR: epidermal growth factor receptor

FDPS: farnesyl diphosphate synthase

GC: gastric cancer

GD2: ganglioside antigen  
 HER2: human epidermal growth factor receptor 2  
 HLA: human leukocyte antigen  
 HVEM: herpes virus entry mediator  
 ICR: immune checkpoint receptor  
 IL-2: interleukin-2  
 IPP: isopentenyl pyrophosphate  
 L-ALD: liposomal alendronate acid  
 L-ZOL: liposomal zoledronate acid  
 mAb: monoclonal antibody  
 MDS: myelodysplastic syndromes  
 MHC: major histocompatibility complex  
 MM: multiple myeloma  
 NBP: nitrogen-containing bisphosphonate  
 NK: natural killer  
 NKG2D: natural killer group 2 member D  
 NKG2DL: natural killer group 2 member D ligands  
 NSCAR: non-signaling chimeric antigen receptor  
 NSCLC: non-small cell lung cancer  
 OS: overall survival  
 PAgs: phosphoantigens  
 PB: peripheral blood  
 PC: prostate cancer  
 PD: programmed cell death  
 PD-L1: programmed cell death ligand 1  
 PFS: progression-free survival  
 PTA: tetrakis-pivaloyloxymethyl 2-(thiazole-2-ylamino)ethylidene-1,1-bisphosphonate  
 QOL: quality of life  
 RFS: relapse-free survival  
 scFv: single-chain variable fragments  
 TA: 2-(thiazole-2-ylamino)ethylidene-1,1-bisphosphonate  
 TAAs: tumor-associated antigens  
 TCR: T cell receptor  
 TEG: T cell engineered to express a defined  $\gamma\delta$   
 TGF- $\beta$ : transforming growth factor- $\beta$   
 Th1: T-helper 1  
 Tim-3: T cell immunoglobulin and mucin domain-containing 3  
 TNBC: triple-negative breast cancer  
 TNF: tumor necrosis factor  
 Tregs: regulatory T cells  
 TTP: time to progression  
 ZOL: zoledronate acid

## Declarations

### Author contributions

JZ and XJ wrote the initial draft of the manuscript; JZ prepared the figure; HZ and WW organized literature for manuscript; XW and ZJ revised the final draft. All authors read and approved the submitted version.

### Conflicts of interest

The authors declare that they have no conflicts of interest.

### Ethical approval

Not applicable.

### Consent to participate

Not applicable.

### Consent to publication

Not applicable.

### Availability of data and materials

Not applicable.

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